Preventive health services

for you and your family

Below are recommended preventive health services for healthy adults and children with average risk. Talk with your doctor to decide which screenings and vaccines are right for you and your family, and when you should have them.

Recommended preventive health screenings and vaccines for infants, children and adolescents

Newborn screening panel [1]	One time before infant leaves hospital or birthing center
Newborn hearing screening	One time before 1 month of age
Hearing screening	Periodically throughout childhood and adolescence
Vision screening	One time between 3 and 5 years of age
Body mass index (BMI) measurement	Periodically 6 years of age and older
Depression	Routinely 12 18 years of age
Virus (HIV) screening	
Hepatitis B (HepB) vaccine	0 18 months of age
Hepatitis A (HepA) vaccine	12 18 months of age
Rotavirus vaccine	Infants younger than 8 months of age
Pneumococcal conjugate vaccine (PCV)	Children younger than 2 years old

HRSA.gov/advisory-committees/heritable-disorders/index.html

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Recommended preventive health screenings and vaccines for adults

	risk for high blood pressure	
Body mass index (BMI) measurement	Periodically	adults 18 years of age and older
	about your health history and how often you need to have your cholesterol check ed.	
Breast cancer screening (mammogram) [2]		

Human papillomavirus (HPV) screening	See cervical cancer screening section above.
	and all pregnant women
Human papillomavirus (HPV) v accine	