### Do you want a great way to help maintain your health at home?

But you already have a doctor, so why take the time?

and board-certified nurse practitioner or doctor will go to your home to provide an assessment. This Healthy Home Visit takes place at no extra cost to you. During the visit, they will also check your home for potential issues that may increase your chances of falling.

around the country to offer you this service.

exam from your own doctor.

medicare health at home. After your visit, we share the health at home. After your visit, we share the way helps us better manage your overall health care needs. It does not affect your coverage in any way.

# A ho is ic look at yo r health i the comfor of your ome

### What does the Healthy Home Visit involve?

You can use this yearly visit to:

- Ask health care questions
- Review your medicines
- Update your medical history
- Discuss issues you may have getting the health resources you need
- Discuss concerns you may have to ensure that you can move around safely in your home

The visit lasts about an hour. It includes a limited, noninvasive physical exam. If need be, the nurse practitioner or doctor may recommend that you be further evaluated. Your doctor will get a report.

Again — this visit is at no extra cost to you. It is all part of your Aetna benefits.

## t's easy to set up an appointment

Just call us at

1-855-205-0431 (TTY: 711),

Monday to Friday 8 a.m. to 8 p.m.

#### **Frequently asked Healthy Home Visit questions**

- **1.** How often can I have a Healthy Home Visit?

  A nurse practitioner or doctor can visit your home once a year.
- 2. What does Aetna do with the information you collect? We share it with your primary care doctor.

This balps to hotton coordinate warm care and to be I

ensure your care needs are met. We follow all privacy laws, including the Health Insurance Portability and

Accountability Act (HIPAA). We may also refer you to a health advocacy program, such as the Fall Prevention Program. Diabetes Management Program or another

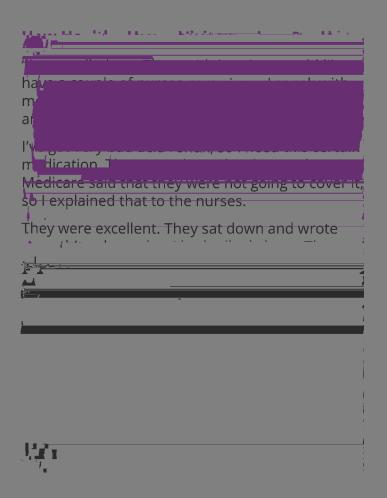
Every year, about

4 0,00

Aetna Medicare Advantage members get a Healthy Home Visit.



# How home visi s he p members



A Healthy Home Visit that saved a life — Kimberly and Chester\*\*\*

Kimberly — one of our nurse practitioners — conducted a Healthy Home Visit with one of our members named Chester. Kimberly noticed some



#### T ings to do efore your visit

☐ You may have family or friends present during ☐ List out any recent care you have received

### **Questions and notes**

